

PET LOSS & BEREAVEMENT DIRECTORY Counselors & Support Groups

Delta Society encourages consumers to find the best product or service by contacting and comparing several organizations. Please note, that there is variation in products and services available.

Disclaimer

The purpose of the Pet Loss & Bereavement Directory of Counselors & Support Groups is to inform members and friends of Delta Society about resources available. Delta Society does not endorse or recommend any of the individuals or organizations listed herein. Delta Society has no control over the services provided and has no mechanism for judging or verifying the competence of the individuals or organizations listed herein. Every effort was made to ensure that the information herein was accurate at the time of publication; Delta assumes no responsibility for any changes made by individual businesses.

Alabama

Pet Loss Counseling

Child and Family Counseling of North Alabama. 8840 Hwy. 20 W., Office Q, Madison, AL 35758.

Phone: (205) 772-2959.

Contact: Jeanne Vinson.

Alabama's only current Pet Loss therapist. Support groups offered weekly to both adults and children. Minimal fee. Individual counseling offered by support group master's level counselor in clinical psychology, Jeanne Vinson. Support group topics include an open group forum for pet owners who have lost their companion animals to abduction, death or impending death.

Alaska

Memories Are Forever

Address: 1206 Fifth Ave., Fairbanks, AK 99701

Phone: (907) 456-7580

E-mail: ziggy-oreo@att.net
Contact: Linda Bruemmer

Monthly meetings:

Third Thursday, 7:00 p.m. at Ms. Bruemmer's home. Support system by phone is available. Mail or handout pet loss brochures. Lending library available for books and some videos.

Christian Counseling Center's Pet Loss Recovery Services Christian Counseling Center.

Address: PO Box 210128, Auke Bay, AK 99821

Phone: (907) 787-7123

E-mail: counsel@ptialaska.net
Contact: W. Benjamin Young

Besides giving local counseling to children and adults dealing with pet loss we have produced a videotape. Our tape encourages parents to direct their child through a healthy pet loss recovery. There is a spiritual (Christian) portion built into this teaching program. Cost: \$24.95 plus \$3.99 postage and handling.

Arizona

Deer Valley Counseling

Address: 2301 W Dunlap Ave, Suite 206, Phoenix, AZ 85021

Phone: (602) 750-8051

Website: http://deerval.com/PetLoss.htm
Contact: Sandra Nettles, LCSW, MSSW

Sandra Nettles has a Master of Science in Social Work (MSSW) and is a Licensed Clinical Social Worker (LCSW). She provides counseling for a variety of issues including life transitions, depression, and pet loss.

Pet Grief Support Service

Companion Animal Association of Arizona Inc.

Address: P.O. Box 5006, Scottsdale, AZ 85261-5006

Pet Grief Support

Helpline Number: (602) 995-5885 **Association Number:** (602) 258-3306

Operated entirely by trained volunteers the service provides understanding, compassion, and support to persons throughout the U.S. and Canada who are anticipating or coping with the loss of a beloved companion animal. The Service offers a 24-hour-a-day telephone helpline, regularly scheduled support group meetings,

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information, literature, and reading lists on pet loss, and referral to appropriate resources. Although there is no charge for the Service, long-distance calls to the Helpline will be returned collect.

Pet Grief Support Service (*).

Companion Animal Association of Arizona Inc. P.O. Box 5006, Scottsdale, AZ 85261-5006.

Pet Grief Support Helpline Number: (602) 995-5885.

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Arkansas

No current listings.

California

Animal Bereavement Counseling

Address: 1000 Quail St. #245, Newport Beach, CA 92660

Phone: (714) 721-5750

Fax: (714) 721-9499

E-mail: Allegral@aol.com

Contact: Rebecca Lewis, Ph.D.

Animal Bereavement Counseling offers a safe arena which to explore the grief of a loved animal companion, which someone has lost, or who is sick. They offer a group setting to explore feelings as well as resolving the hurt and pain of grief. Trained staff is sensitive to people's loss and helps to bring closure and acceptance to a difficult time.

Animals in Our Hearts

Phone: (916) 454-4301

Web site: www.animalsinourhearts.com

Teresa Wagner has a master's degree in counseling and has facilitated the healing process for individuals grieving the loss of an animal since 1986. She offers private consultations and workshops both for people who have lost their animal companions and shelter workers who are grieving euthanized animals. She is the author of Legacies of Love, A Gentle Guide to Healing from the Loss of Your Animal Loved One.

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Dr. Julie Austin

Address: 45 Camino Alto, Ste 200., Mill Valley, CA 94941

Phone: (415) 721-4310 E-mail: julie@noahaustin.com

I have been in clinical practice for 12 years, with extensive training and experience in grief work, working with clients with chronic and terminal illness, and clients dealing with depression. This background, in combination with my love of animals, brought me to the natural blending of my expertise and personal passion. I have been seeing clients for pet bereavement work for 6 years, and approach it as a unique type of grief. While the motional experiences of people grieving for their pet are similar to other types of losses, often the person who lost a pet must defend themselves against insensitivity which doesn't usually occur with human loss. I see clients individually, in families or group, and couple work.

Bonnie Goodman, M.A., C.T.

Address: 220 California Ave. Suite 120, Palo Alto, CA, 94306

Phone: (650)858-0755 **Fax:** (650) 724-6182

Website: www.goodmancounseling.com
E-mail: bonniemgoodman@aol.com

I hold a Masters of Arts degree in Education and Psychology, and completed The Professional Certificate Program in the Study of Grief and Loss at U.C. Berkeley. I am also Nationally Board Certified as a Thanatologist , sponsored by the Association for Death Education and Counseling (ADEC). I am a trained volunteer counselor in the Adult program for KARA, a nonprofit organization in Palo Alto that provides support to those grieving the death of a loved one.

I provide a safe and supportive environment to assist the bereaved pet parent in coming to a place of understanding and reconciliation of the loss, which is a necessary journey towards healing. I use a "Person-Centered counseling" approach, which allows each person or group member to freely and unconditionally express all the feelings and emotions. Each person's grief will be respected as a unique and individual process.

I listen attentively and with nonjudgmental acceptance, by honoring the special relationship and unique bond s between people and their animal companions. I discuss the differences in grief reactions depending on how one's pet companion died, educate clients on the distinctive issues related to losing a pet, and offer suggestions for healing.

Grief Counseling for Pet Owners

Address: 449 Melrose St., San Francisco, CA 94127.

Phone: (415) 334-5036.

Contact: Betty J. Carmack, R.N., Ed.D.

Betty has been in private practice since 1982. She works with individuals, couples, families, and groups. Available for service dog owners. Betty leads a monthly pet loss support group at San Francisco SPCA and also works with staffs of humane shelters, laboratory animal medicine, and veterinary staffs on issues related to pet/animal loss, euthanasia, and other stresses.

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Peninsula Humane Society & SPCA

Address: 12 Airport Blvd, San Mateo, CA

Phone: 650-340-7022, ext. 344

Contact: Malu Trehan

When your companion animal dies, it's natural to feel grief and sadness, even depression. Our free support group is designed to offer anyone grieving the death, loss or terminal illness of a beloved companion animal. Led by a professional counselor, our group meets the second Thursday of each month, from 7 - 9:30pm. The group usually ranges in size from 6 to 12 participants. Some people come once or twice, others four or five times. Participants need not be PHS/SPCA adopters and are not required to sign up for the class. For more information, please contact Malu Trehan at 650-340-7022 ext. 344 or mtrehan@peninsulahumanesociety.org

PET LOSS BEREAVEMENT COUNSELING AND SUPPORT GROUPS OF ORANGE COUNTY

Address: P.O. Box 53454, Irvine, CA 92619

Phone: 949.650.2442

E-Mail: akeith@cruznet.net

Contact: Andrea Keith, M.A., C.E.A.P.

Many of us form intense attachments with our pets. When change disrupts this bond, we can feel emotionally devastated. Sometimes issues from the past can be triggered. Don't suffer alone. Andrea Keith is a psychotherapist specializing in Pet Loss. Confidential sessions are available for individuals, children, couples, or family. A sliding scale fee is available. Support Groups meet monthly, are limited in size, and designed to assist you with your grief process. Please contact Andrea for more information or to schedule an appointment

Pet Loss Support/Grief Counseling

Address: Los Angeles, CA 90029

Phone: (213) 694-0321

Contact: Donna S. Melinkoff, M.A., MFCC.

Donna Melinkoff is a pet loss grief counselor. She provides individual, family, group counseling and emotional support to help cope with loss. Donna has 20 years experience as a social worker and licensed counselor, specializing in relationships, life changes, transitions and grief/loss. She also provides talks, educational seminars, and consultation to community groups, animal health care providers and schools.

Pet Loss Support Group

Contra Costa Co. Veterinary Medical Association.

Phone: (510) 932-0607 **Fax:** (510) 935-1682

E-mail: Speakervet@aol.com

Contact: Cecelia J. Soares, DVM, MS.

Dr. Soares is a veterinarian as well as a marriage & family therapist. She is facilitator for a support group that meets the 2nd and 4th Tuesday of each month, 6:30-8:15 p.m. No fee. Call for directions.

Pet Loss Support Group

San Diego Humane Society and SPCA

Address: 5500 Gaines Street, San Diego, CA 92110

Phone: (619) 299-7012, extension 2311

Website: www.sdhumane.org

One weekend morning and one weekday evening session per month

The Pet Loss Support Group is open to those ages 12 and up, including pet parents who are considering or preparing for euthanasia. Thanks to support from the San Diego Pet Memorial Park, sessions are free. Donations are appreciated. Please call (619) 299-7012, extension 2311, to make a reservation or for more information.

Pet Loss Support Group

Humane Society of Santa Clara Valley.

Address: 2530 Lafayette St., Santa Clara, CA 95050

Phone: (408) 727-3383, ext. 869

Fax: (408) 727-7845

Contact: Helaine Ronen, MSW

Helaine Ronen possesses a Masters of Social Work. She has practiced in hospitals as a clinical social worker, in medical psychiatry and outpatient rehabilitation. She started this pet loss support group in 1997. This group is for persons who animals have died or for individuals considering euthanasia. The group meets four times a month. Groups are free. Support groups and telephone consultation are currently available.

Santa Barbara Pet Loss Support Group (sponsored by Shiva's Center for the Human-Animal Bond)

Support Groups are located at Hospice of Santa Barbara

Address: 2050 Alameda Padre Serra, Suite 100, Santa Barbara, CA 93103

Phone: 805-687-7001 or (805) 563-8820

E-mail: info@shivascenter.org

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Contact: Dr. Trish Lane at info@shivascenter.org

Website: www.shivascenter.org or www.carehospital.org

Shiva's Center for the Human-Animal bond sponsors free grief counseling for anyone in the Santa Barbara, CA area who has lost, or anticipates the loss of an animal companion. Trained mental health professionals facilitate the groups. Groups are held at Hospice of Santa Barbara on the first and third Tuesday of each month (excluding major holidays).

Redwood Empire Veterinary Medical Association Pet Loss Support Group Cheri Barton Ross.

C/O Montgomery Village Veterinary Clinic

Address: 775 Farmers Lane, Santa Rosa, CA 95405

Phone: (707) 527-9330 **Fax:** (707) 528-2648

The REVMA Pet Loss Support Group assists pet owners who have experienced a pet loss or who are anticipating one. We have been operating for 10 years. Jane Sorensen, RN, MFCC, licensed marriage, family a nd child counselor and Roger Lake, CH.T. (Certified hypnotherapist) leads the group. The group meets Tuesday night (excluding holidays) from 7:15-8:30 p.m. Cost is \$10 per individual, \$15 for couples and families

San Diego Humane Society and SPCA's Pet Loss Support Group

Address: 5500 Gaines Street, San Diego, CA 92110

Phone: (619) 299-7012, ext. 2311

E-mail: cp@sdhumane.org

The San Diego Humane Society's Pet Loss Support Group, facilitated by Louisa Triandis, LCSW, provides an environment where emotions can be shared with those of similar circumstances and feelings of grief are understood and validated. Sessions are offered one Saturday morning and one Tuesday evening each month. Sessions are free, but donations are greatly appreciated.

San Diego County Pet Bereavement Program

Address: 2058 Oxford Ave. Cardiff, CA 92007

Phone: (619) 275-0728 **Fax:** (760) 436-6798

Contact: Lorri Greene, Ph.D.

The San Diego Pet Bereavement Program offers support and counseling for those pet owners who have lost or are anticipating the loss of a pet. Free telephone consultations and low cost counseling is available by a licensed psychologist.

Emissaries of St. Francis Animal Loss Support

Address: P.O. Box 1056, Mt. Shasta, CA 96067

Phone: (530) 926-6424 **Fax:** (530) 926-1245 **Contact:** Sharon Callahan

Sharon Callahan, internationally recognized animal communication specialist, offers grief counseling and grief counseling referral. Background in animal communication, grief and suicide counseling. 30 years experience. Call or write for a free information packet. Sharon works with all grieving adults, children and animals.

Pet Loss Counseling, Center for Effective Living.

Address: 9815 Carroll Canyon Rd., San Diego, CA 92131

Phone: (858) 566-3333

Contact: Meg Kaufman, MFCC

Meg Kaufman is a marriage, family, and child counselor in private practice. Her specialties include bereaveme nt counseling, especially for animal loss. She works with children, adolescents and adults and is available to speak to groups concerning the loss of a pet. Her background includes counseling in schools, hospices, outpatient psychiatric facilities and in private practice. She is also a certified animal lover!

Brian Chichester, Psy.D., M.P.H. Redlands . California

Phone: (909) 363-6263 voice mail **Contact:** Brian Chichester, Psy.D., M.P.H.

Dr. Chichester is a licensed clinical psychologist with a private practice and life-coaching company in Redlands, California, specializing in children, adolescents, and young adults. He has experience treating a variety of mental health disorders, working with the learning disabled, developmentally disabled, and special needs children, as well as providing life coaching for non-disabled and high-achieving youth. He provides grief, loss, and bereavement services for youth, adults, and families who have lost a pet or who are preparing for the loss of a pet. He works with grieving working dog handlers, service dog handlers, law enforcement, and other canine professionals coping with the loss or impending loss of a pet partner. His work often incorporates animal-assisted therapy with therapy dogs and AKC Canine Good Citizens. Individual and Group services available.

Hsinya Chichester, Psy.D. Redlands, California

Phone: (909) 553-0857 voice mail **Contact:** Hsinya Chichester, Psy.D

Dr. Chichester is a licensed clinical psychologist with a private practice in Redlands, California. Dr. Chichester has more than 8 years experience working with children, families, and individuals coping with issues related to grief and bereavement. Dr. Chichester's research has focused on religious coping in grief, bereavement, and loss. She is a highly culturally competent practitioner who is sensitive to culturally mediated styles of grief . Services often include play therapy and animal-assisted therapy for children. Services may be provided in English, Spanish, or Taiwanese. Pet Loss support groups are available for children, adults, and families.

Dr. Diane Kelley.

Address: 1494 S. Robertson, Ste. 202, Los Angeles, CA 90035

Phone: (310) 559-3164

Dr. Diane Kelley is a licensed psychologist with practices in Los Angeles, Manhattan Beach and Costs Mesa. For the past 23 years, Dr. Kelley has successfully treated hundreds of clients in overcoming the grief of an anticipated loss or death of a pet. Dr. Kelley holds a Masters Degree and Doctorate Degree from the University of Southern California in Counseling Psychology and has advanced training in pet grief therapy.

Pet Loss Support Hotline.

Center for Animals in Society, School of Veterinary Medicine, University of California, Davis, CA 95616.

Phone: (800) 565-1526, Monday-Friday 6:30 p.m.-9:30 p.m. Pacific Time. **Contact**: Bonnie S. Mader, M.S., Associate Director/ Hotline Coordinator.

Colorado

Changes: Support for People and Pets Program

Colorado State University, Veterinary Teaching Hospital.

Address: 300 West Drake Rd, Fort Collins, CO 80523

Phone: (970) 491-1242

Contacts: Carolyn Butler, M.S., Director; Dana Durrance, Asst. Director;

Shelley Haddock, M.S., Grief Counselor

The Changes Program provides grief education and support to pet owners across the country. The Changes Program, one of the oldest and comprehensive in the U.S., provides office hours Tuesday, Thursday, Friday, 9:00 a.m.-5:00 p.m. Wednesday, 9:00 a.m.-12:00 noon. The program's directors provide instruction to CSU's veterinary students, and lecture nationally and internationally. A textbook entitled The Human-Animal Bond and Grief was recently published.

"When You Lose a Pet"- Pet Loss Support Group

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Address: The Human-Animal Bond Trust (HABT) 1780 S. Bellaire St., #103, Denver, CO 80222-4330

AND 2951 Hanover Ct., Watkins, CO 80137-7114

Phone: (303) 759-1251 or (303) 851-7265 **Fax:** (303) 759-1477 or (303) 316-7352

E-Mail: 102015.1470@compuserve.com or pposes@juno.com

Contacts: Peter L. Poses, Ph.D., LMFT, Peggy Dixon.

The Denver Area Pet Loss Support Group is sponsored by the Denver Area Veterinary Medical Society and the Denver Pet Cemetery & Crematory. The "When you Lose a Pet" group is a no-cost drop-in meeting held every Thursday, 7:00-8:30 p.m. at the DAVMS. The group is facilitated by licensed professional psychotherapists.

HABT is a non profit 501(c) 3 entity.

The Front Range Pet Loss/Human-Animal Bond Support Network The Front Range Center for Changing Family Relations.

Address: 1006 Robertson St. #202A, Ft. Collins, CO 80524-3925

Phone: (303) 851-7265

Fax: (970) 221-2643

E-mail: pposes@juno.com

Contact: Peter L. Poses, Ph.D., LMFT and Ruth M. Gussman, DVM.

A support network, information and referral and individual/couple/family pet loss grief work. For people wanting to be supported in their sharing of their feeling and thoughts about their grief and mourning about the dying, death and loss of their companion animals.

Linda A. Weitzel, MA, LPC

Address: 634 Main St. #7, Grand Junction, CO 81501

Phone: (970) 242-6954

Linda received a B.S. in Animal Science from the University of Massachusetts, Amherst and an M.A. in Counsel ing & Guidance from Adams State College, Alamosa, Colorado. She is a licensed professional counselor in private practice. Linda works with people experiencing life transitions, depression, grief and bereavement. She has done individual sessions with those who have lost and animal companion and is willing to do group and support groups.

Karla D. Holt, MA, LPC, NCC, CAC III.

Address: 5005 W. 81st Place, Suite 200, Westminster, CO 80031

Phone: (303) 725-8126 **Fax:** (303) 487-9191

Karla D. Holt is a psychotherapist and life coach in private practice in the Denver, CO area. She offers individual and group services concerning pet loss issues of grief, loss and bereavement.

Connecticut

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Source of Support, Support After Pet Loss

Address: 20 Allen-O'Neill Dr., Darien, CT 06820

Phone: (203) 656-2669 voice /TDD **Contact:** M. Patricia Gallagher, M.S.

M. Patricia Gallagher is a Professional Grief Counselor. She has been doing pet loss support for individuals, groups and families since 1985. She also serves as consultant to the staff of animal hospitals and clinics and leads workshops and seminars for veterinary and lay groups. Support group meetings are held the first Tuesday and last Thursday of each month. Call for details.

Delaware

No current listings.

Florida

Animal Grieving Center

1408 Belle Vista Dr., Orlando, FL 32809.

Phone: (407) 857-0190. **E-mail**: Rebmjb@aol.com.

Contact: Maryann Borgon, M.Ed.

Maryann Borgon is a high school counselor and pet loss specialist. She offers a monthly support group. Fee: \$10, free to clients of participating veterinary clinics. Telephone and individual consultations are available. Services are opened to individuals of all ages coping with the loss or anticipated loss of a companion animal. Training provided to veterinary clinics for a fee.

Pet Loss Support Group, Pinellas Animal Foundation

Address: 10825 Seminole Blvd., Bldg. A, Unit 3, Seminole, FL 34648

Phone: (813) 347-PETS (7387)

Contact: Crystal (Blomgren) Finnis, M.S. & Judith Gammonley, R.N.C., Ed.D.

Monthly meetings:

Open to the public at no charge. They are held at the Pinnellas Animal Foundation. 10825 Seminole Blvd., Bldg. A, Unit 3, Seminole, FL and Safety Harbor Public Library. Telephone reassurance including counseling/crisis intervention is provided as needed. Crystal Finnis has an M.S. in Counselor Education and specializes in human bereavement. Judith Gammonley is a Gerontological Nurse Practitioner. Both pet loss counselors specialize in grief education and support.

Pet Loss Support Hotline.

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University of Florida, College of Veterinary Medicine, Gainsville FL.

Phone: (352) 392-4700, ext. 4080.

Call at any time and leave your name and number. You will be called back between the hours of 7:00-9:00 p.m. Eastern Time. The University of Florida offers telephone support anywhere in the U.S. at no charge.

Georgia

No current listings.

Hawaii

The Hawaii Pet Grief Center Renee E. Rokero, LSW, LCS'W

Office Address: 1188 Bishop Street, Suite 1810, Honolulu, Hawaii 96813

Mailing Address: P.O. Box 392. Kailua, Hawaii 96734

Phone: (808) 282-9045

E-mail: renee rokero@hawaii.rr.com

Website: www.thehawaiipetgriefcenter.com

Are you grieving over a pet that is dying, or one that has died, or pet loss associated with divorce, relationship issues, relocation, or a disability? Share your feelings with someone who knows from personal experience how distressing the loss of a pet can be for you. Renee E. Rokero, LSW, LCSW, is a licensed, clinically trained, mental health professional with over 17 years of experience counseling pet owners regarding grief and trauma associated with the loss of companion animals.

Idaho

Patrice M. Sell.

Address: 8555 Covey Ridge Ln., Boise ID 83709

Phone: (208) 362-1034

Illinois

Licensed Professional Counseling & Hypnotherapy Services. Gina L. Spielman, LCSW & Associates.

Specialties include: Grief/loss, relationships, addictions, anxiety, depression and more.

Insurance, cash/checks & credit cards accepted. Sliding scale fees possible.

In-office, phone & online counseling.

Counseling Offices located in Naperville & Oswego, IL.

Website: www.ginaspielman.com

Phone: 630-212-7048

Lynn Bednarz, MA, LCPC, CADC

Arlington Heights, Illinois **Phone:** (847) 951-1457 **Fax:** (847) 330-1455

E-mail: Bednarzlw@ameritech.net

Schaumburg , Illinois Phone: (847) 951-1457 Fax: (847) 330-1455

E-mail: Bednarzlw@ameritech.net

Lynn has a genuine interest in helping people. She also has a deep love and respect for animals and personally understands the pain of losing a beloved pet. She has a Masters Degree as a Licensed Clinical Professional Counselor, is a Certified Addictions Counselor, and is in her own private practice. She offers a warm, safe and supportive environment while counseling people with a variety of mental health issues.

One of her specialties includes providing counseling services to hurting people of all ages who are faced with the deep emotional pain of the loss or anticipated loss of a companion pet due to illness, trauma, separation, euthanasia, or natural death. Her empathy, compassion and understanding help facilitate the mourning process. She also has considerable training in the effects and treatment of depression & anxiety. Lynn offers her clients immediate help, hope for the future, and healing throughout the difficult grief process. Some insurance is accepted

The Chicago Veterinary Medical Association Pet Loss Support Group Wings

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Address: 120 East Ogden; Hinsdale, IL

Phone: (630) 325-1231

Web site: www.chicagovma.com

The Wings Support group meets on the first Wednesday of every month at 8:00 p.m. at the CVMA office.

Lincolnshire Animal Hospital Pet Loss Counseling

Address: 420 Half Day Rd., Lincolnshire, IL 60069

Phone: (847) 634-9250 **Fax:** (847) 634-9246

Contact: Marilyn G. Putz, M.A.

Marilyn G. Putz has a Master's degree in Family & Community Counseling and is employed as a Pet Loss Counselor. She sees individuals privately or in a group setting and works with those who are anticipating the loss of a companion animal as well as those who have already experienced such a loss. She also is a dog breeder, trainer & handler and active in rescue work & animal-assisted activities as well as training with handicapped children & adults.

Zabin and Associates, PC

Address: 9701 Knox, Ste. 214, Skokie, IL 60076

Phone: (847) 677-3055 **Fax:** (847) 329-9316

E-mail: info@jerryzabin.com
Website: www.jerryzabin.com
Contact: Jerry M. Zabin, LCSW.

Jerry Zabin, LCSW, in practice since 1976, brings a great deal of practical experience in working with grief and loss. His experience and extensive background in working with individuals, couples and families, as well as with those faced with chronic illness, provides a unique perspective in helping pet owners in grieving a lost companion.

Arryn Hawthorne-Jader, LCSW

Address: 2656 W Montrose Ave, Chicago, IL 60618

Phone: 773-852-3642

E-mail: arrynhjaderlcsw@yahoo.com

Arryn is a therapist with a specialty in pet loss, for both adults and children. In addition to pet loss, Arryn works with adults and children to address depression, anxiety, and relationship challenges. She accepts some insurance and offers a sliding scale fee.

Joan Kellogg, M.A., L.C.P.C.

Address: 135 Park Ave., Barrington, IL 60010-4354

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Phone: (847) 382-2286
E-mail: Msjkellogg@aol.com

Licensed Clinical Professional Counselor, holds Masters degrees in Clinical Psychology and Gerontology, specializing in bereavement/loss. She offers lectures and information sessions and has had extensive experience with pet loss support including developing rituals for closure and memorials.

C.A.R.E. Helpline for Companion Animal Related Emotions

University of Illinois Veterinary Teaching Hospital, 1008 W Hazelwood Drive, Urbana IL 61802

Phone: Toll free 877-394-2273 or Local 217-244-2273

Email: griefhelp@cvm.uiuc.edu

Contact: Cheryl Weber cweber79@uiuc.edu

Website: www.cvm.uiuc.edu/CARE

The death, loss, or impending death of your companion animal can be a difficult and emotional time. The C.A.R.E. helpline was developed to provide a supportive outlet for people experiencing the loss of a companion animal. Trained veterinary students staff the helpline. You may call and leave a voice mail message anytime. Volunteers will return calls on Tuesday, Thursday and Sunday between 7:00-9:00 p.m. Central Time.

The Chicago Veterinary Medical Association Pet Loss Support Helpline (*).

The Helpline

Phone: (630) 325-1600.

The Helpline was established in 1993 and provides referral information on professional grief counseling and information packets on children and grief, euthanasia, pet loss and the elderly and a pet loss bibliography. You may call and leave a voice mail message at any time. A volunteer will pick up messages and call back between 7-9 p.m. Central Time each weekday evening. There is no charge for this service but long distance calls will be returned collect.

Indiana

Pet Loss Grief Support Group.

Address: P.O. Box 53765, Indianapolis, IN 46253-0765

Phone: (317) 251-4028 Contact: Cathy Holdt

lowa

The Pet Loss Support Hotline.

Iowa State University. 2116 College of Veterinary Medicine, Ames, IA 50011.

Phone: (888) 478-7574.

Web site: www.vetmed.iastate.edu/animals/petloss/default.html.

Hours: September-April, 7 days a week 6:00-9:00 p.m., May-August, Monday, Wednesday, Friday 6:00-9:00 p.m. Central Time.

Kansas

No current listings.

Kentucky

Path of Life Ministry

Address: 401 Bohicket Road, Wilmore, KY 40390

Phone: (859) 858-0750

E-mail: <u>kathy@pathoflifeministry.org</u> **Website:** <u>www.pathoflifeministry.org</u>

Contact: Kathy Milans.

Kathy Milans understands the depth of emotional feelings that can naturally occur when the special human-animal bond is ended through the death of a cherished pet. With little or no emotional support, the sadness may seem overwhelming. Many people seek help during this difficult time of loss. As a Christian Pastoral Counselor and pet owner, Kathy can with this period of grieving.

Kathy Milans has experience as an elementary educator, teacher trainer, adjunct professor, and has served as Family Resource Director for a major hospital. Along with a B.A. and M.S. in Education, she holds an M.A. in Pastoral Counseling from Asbury Theological Seminary.

Thomas L. Haffner, MAMFT

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Address: 4308 Taylorsville Road, Louisville, KY 40220

Phone: 502-296-6706

E-mail: haffnertherapy@earthlink.net

Website: http://home.earthlink.net/~haffnertherapy

Thomas Haffner has a Masters degree in Marriage & Family Therapy from Louisville Presbyterian Theological Seminary, and is certified by the state of Kentucky as a Marriage & Family Therapist Associate. In his private practice, he has worked with families and individuals in dealing with the loss of an animal companion. He understands the bond that makes an animal companion a member of one's family, and the grief associated with the loss of a loved one. Thomas offers therapy sessions for individuals or families, and has a sliding fee scale. He also hosts a support group for those experiencing the loss of an animal companion. There is no fee to participate in the support group.

Louisiana

Best Friend Gone Project LSU School of Veterinary Medicine

Address: LSU School of Veterinary Medicine, South Stadium Rd., Baton Rouge, LA 70803

Phone: (504) 346-5710 **Fax:** (504) 346-5702

E-mail: friendgone@vetmed.lsu.edu
Contact: Stephanie W. Johnson, BCSW.

The Best Friend Gone Project is a program of the LSU School of Veterinary Medicine. Stephanie is a Board Certified social worker trained in issues of grief and loss. The program offers telephone counseling, private counseling, support group meetings, referral reading list and information on pet loss. Office hours are 8 a.m.-5:00 p.m., Monday through Friday. Referrals and phone consultations are welcome.

Maine

Companion/Service Pet Bereavement Grief and Loss

Address: P.O. Box 1508, Portsmouth, NH 03802-1508

Fax: (603) 430-0240

Contact: Barbara J. Morse, MSW, CCSW.

Barbara J. Morse, MSW, LICSW is a licensed independent clinical social worker providing supportive counseling services for those experiencing bereavement, grief, or loss of their companion animals – whether from separation, trauma, illness, death, or euthanasia.

Ms. Morse also counsels clients who are struggling with other companion animal issues such as: the cost of on-going treatment, quality of life, and whether/when to euthanize. Ms. Morse received a B.S. in Animal Sciences from the University of New Hampshire and attended the Equine Program where she received her Instructor Certification. She also worked for a Southern Maine Veterinary Clinic (small and large animals) and an "A" rated pony clubber who was long listed for the Seoul Olympic Three Day Event Team. Ms. Morse

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received her Master of Social Work degree (MSW) from Boston University. Ms. Morse is licensed in New Ham pshire, Maine and Massachusetts. Please call for nearest office location (by appointment only).

Maryland

Pedersen, Joan E., ThM, MA, LCSW-C Center for Renewal

Address: 933-D Russell Avenue, Gaithersburg, MD 20879

Phone: (301) 527-1382 **Fax:** (301) 527-6158

E-mail: Joanepedersen@aol.com

With training in both pastoral counseling and psychotherapy, I offer a specialty in loss/bereavement/life transitions, while providing a spiritually sensitive, holistic approach to my practice.

As the beloved mother of a happy-go-lucky 15 year-old cocker spaniel and a feisty 8 year-old tabby cat, I know how much a part of a family animals can become, and how very difficult their death can prove, not only for humans but for other animals in the household, as well. Indeed for many people, pets are the one constant in their life, often an unconditional loving connection deeper than other relationships. I have had the privilege of working with many individuals, couples and families as they struggle with anticipatory grief over their pets' illness, as they made tough decisions regarding their care, and later as they process the painful loss. In a very safe, accepting environment, we focus on letting go, saying good-bye, the rituals of remembrance and engaging in life without their beloved animal.

Maryland Psychotherapy Services.

Address: 15102 Nottingham Rd., Upper Marlboro, MD 20772

Phone: (301) 888-1323 **Fax:** (301) 888-2172

Contact: Carol A. Auletta, MSW, ACSW.

Carol A. Auletta has two offices. Her Upper Marlboro office is located on her farm which is a truly a healing sanctuary. She works with people both individually and in a group setting helping them through their grieving process. Carol also welcomes phone consultations. She is licensed to take insurance reimbursements.

Nancy Wiswall, DVM, M.Ed.

Address: 4720 Edgefield Rd., Bethesda, MD 20814.

Phone: (301) 493-9090. **Fax:** (301) 530-4220.

Massachusetts

A.T.R. Counseling Service

Address: 399 Neponset St., Canton, MA 02021

Phone: (781) 828-3717

Contact: Ann T. Resca, NCC, LMHC.

Ann T. Resca is a Licensed Mental Health Counselor and a National Certified Counselor with a Masters in Counseling from Northeastern University, Boston, MA. She has over 28 years of experience. Ann has a private practice at A.T.R. Counseling Services specializing in grief, loss and personal counseling. Grief/loss counseling includes pet loss for adults and adolescents, as well as speaking if requested or support groups as needed.

Companion/Service Pet Bereavement Grief and Loss

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Fax: (603) 430-0240

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Ms. Morse received a B.S. in Animal Sciences from the University of New Hampshire and attended the Equine Program where she received her Instructor Certification. She also worked for a Southern Maine Veterinary Clinic (small and large animals) and an "A" rated pony clubber who was long listed for the Seoul Olympic Three Day Event Team. Ms. Morse received her Master of Social Work degree (MSW) from Boston University. Ms. Morse is licensed in New Hampshire, Maine and Massachusetts. Please call for nearest office location (by appointment only).

MSPCA Pet Loss Support Program; Individual Counseling and Consulting Services.

Address: 350 S. Huntington Ave., Boston, MA 02130

Phone: (617) 522-7400

Tufts University School of Veterinary Medicine, Center for Animals and Public Policy

Address: 200 Westboro Rd, North Grafton, MA 01536

Phone: (508) 839-7991

Christine McNiff Counseling Services

Address: 191 Sudbury Rd. Suite 38 Concord, MA 01742

Phone: (978) 897-0237 Website: www.cmcniff.com

Christine McNiff is a licensed mental health counselor (LHMC) and nationally certified counselor (NCC) with over 20 years counseling experience. As part of her services, Christine offers pet loss counseling for adults, adolescents, and children dealing with the loss of a companion or service animal. She also does group work on this subject matter. Christine and her Labrador Retriever are registered animal assisted activities/animal assisted therapy Pet Partners and Christine is a member of The Association for Pet Loss & Bereavement.

Pet Loss Support Hotline.

Tufts University, Boston, MA.

Phone: (508) 839-7966.

Web site: www.tufts.edu/vet/petloss/.

Hours: Monday-Friday, 6:00-9:00 p.m. Eastern Time.

Michigan

Pet Loss Support Program

Michigan State University College of Veterinary Medicine

Address: Michigan State University College of Veterinary Medicine G-145 Veterinary Medical Center, East Lansing, MI 48824-1314

Website: www.cvm.msu.edu/petloss/index.htm

Pet Loss Support Hotline:

(517)432-2696

Staffed by volunteer veterinary students who receive training in grief support. The hotline operates Tuesday, Wednesday and Thursday from 6:30pm-9:30pm EST.

Pet Loss Support Group

The group meets under the direction of a certified grief counselor. Meetings are held the first Tuesday of each month at 7:00pm in the Veterinary Medical Center in East Lansing, MI.

Pet Loss Support Program

Michigan State University College of Veterinary Medicine , G-145 Veterinary Medical Center, East Lansing , MI 48824-1314

Website: www.cvm.msu.edu/petloss/index.htm

Pet Loss Support Hotline

(517)432-2696

Staffed by volunteer veterinary students who receive training in grief support. The hotline operates Tuesday, Wednesday and Thursday from 6:30pm-9:30pm EST.

Pet Loss Support Group

The group meets under the direction of a certified grief counselor. Meetings are held the first Tuesday of each month at 7:00pm in the Veterinary Medical Center in East Lansing, MI.

Minnesota

Pet Loss Support Group

Animal Humane Society of Hennepin County

Address: 845 Meadow Ln. N., Minneapolis, MN 55422

Phone: (612) 522-6009

Fax: (612) 522-0933

E-mail: ahshc@ahshc.org

Contact: Linda Saetre

The Animal Humane Society of Hennepin County is a full service shelter that offers adoption services, education programs, humane investigation and a computerized lost and found. The Pet Loss Support Group is a free, informal, ongoing program and participants are welcome to come once or as often as they wish. A trained staff member or volunteer facilitates the group.

Mississippi

No current listings.

Missouri

Pet Loss Support Group

3555 Sunset Office Drive, Suite 203, Sunset Hills, MO 63127.

Phone: (314) 879-3088.

E-mail: JOEERG@AOL.COM.

Contact: Debby Stahl, Ph.D.

Montana

No current listings.

Nebraska

Teresa Freeman M.S. NCC PLMHP.

c/o Integrative Counseling Associates, 7561 Main Street, Omaha, NE 68128.

Phone: (402) 558-7788.

E-mail: tfree991@cox.net.

Ms Freeman works with clients who are experiencing the loss of a pet. Many times individuals are not allowed to fully grieve these losses and the process of healing can become complicated. Teresa helps people to find their way through this journey by offering unconditional acceptance and guiding them to a deeper understanding of the grieving process and bereavement. She offers individual counseling for both adults and children, as well as a workshop that focuses on education and personal exploration of loss and grief.

Nevada

No current listings.

New Hampshire

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Phone: (603) 430-0240.

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Ms. Morse is licensed in New Hampshire, Maine and Massachusetts. Please call for nearest office location (by appointment only).

Pet Bereavement Counselor/ Consultant.

Address: 20 West Park St., Suite 413, Lebanon, NH 03766.

Phone: (603) 675-2819.

Contact: Susan Kahn, LICSW, Ed.D.

Dr. Kahn is a licensed clinical social worker offering counseling, education and consultation for people who are grieving the loss of a pet. Dr. Kahn offers individual and family counseling. Her office is located in Lebanon, NH.

New Jersey

Animal Bereavement Center

P.O. Box 1376, Summit, NJ 07901.

Phone: (973) 829-1967.

Fax: (973) 361-2764.

Email: mailto:Carolynrev@aol.com.

Rev. Rev. Carolyn Carpenter, M.S.C. and Nancy Saxton-Lopez, LCSW, MSW.

Reverend Carolyn Carpenter, interfaith minister and wellness coach and Nancy Saxton-Lopez, crisis intervention specialist, have specialized in pet loss issues for 10 years. They offer the following services from both a spiritual and clinical perspective in person or via telephone: individual and group counseling, weekly pet loss support group, memorials and rituals, interspecies communication, and human and animal nutrition and wellness.

Blue Skye Consulting, LLC.

560 Sylvan Avenue, NE, Englewood Cliffs, N.

Phone: (201) 567-5596.

Email: mailto:susanstonelcsw@aol.com..

Website: blueskyeconsulting.org.

Contact: Susan Stone, MSW, LCSW.

Ms. Stone is a licensed clinical social worker who received her MSW from New York University and clinical training at Hackensack University Medical Center at their Center for Trauma Recovery. Ms. Stone has certifications in EMDR and bereavement and also facilitates the pet bereavement group at Oradell Animal Hospital.

Davison Counseling Center - Pet Loss & Lifespan Transitions Counseling

97 Lyons Pl., Basking Ridge, NJ 07920.

Phone: (908) 766-0110.

Email: petlossaudio@worldnet.att.net.

Web site: http://www.petlossaudio.com/.

Contact: Deborah Antinori, M.A., RDT, LPC, NBCCH - Directory of Therapy.

Deborah Antinori is a Registered Drama Therapist, Licensed Professional Counselor, National Board Certified Clinical Hypnotherapist, and is certified in Pesso Boyden System Psychomotor Therapy. She also is trained in EMDR (Eye Movement Desensitization & Reprocessing) and Thought Field Therapy. Working with individuals in therapy, Antinori assists clients in dealing with the loss of a pet including issues arising from the loss, coping with feelings, anticipatory loss with an elderly or terminally ill animal, planning a ceremonial euthanasia for families. her Audie Award-winning audiobook, "Journey Through Pet Loss" is critically acclaimed and veterinarian-endorsed - 2 cassette, 3 hours, 28 page Pet Loss Resource Booklet included (ISBN 09668848-1-7).

Pet Loss Center of New Jersey

41 Pleasant Ave. Upper Saddle River, NJ 07458.

Phone: (201) 825-0730.

Contact: Dr. Joann Jarolman.

Joann Jarolman is a licensed clinical social worker in New Jersey with a Ph.D. in social work. Her research revolves around comparing the grief process of children, adolescents and adults. The loss of a pet was the vehicle for this examination. She deals with children and adults in her practice and often deal with families experiencing the loss of a pet.

Mind Body Health Center.

1806 Springfield Avenue, New Providence, NJ 07974.

Phone: (908) 464-1400, ext. 4.

Email: JMPetrino@aol.com.

Contact: Jeanmarie Petrino, MA, LPC, NCC, DCC.

Jeanmarie Petrino is a Licensed Professional Counselor, National Certified Counselor, and Distance Credentialed Counselor in private practice in New Providence, NJ. She is available for individual, group, and family counseling for anyone experiencing the loss of a pet.

CONTACT of Burlington County, NJ. (24 hour crisis helpline).

P.O. Box 131, Moorestown, NJ 08057-0131.

Phone: (800) 404-PETS. (Available only in NJ).

Phone: (856) 234-4688. (Outside NJ).

PetFriends provides free telephone support, information and referrals to anyone who is mourning or anticipating the loss of a pet. A licensed clinical social worker and a veterinarian train volunteers.

New Mexico

No current listings.

New York

The ASPCA National Pet Loss Hotline (The American Society for the Prevention of Cruelty to Animals) (*).

424 East 92nd St., New York, NY 10128.

Phone: (212) 876-7700, ext. 4355.

Fax: (212) 860-3435.

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Email: StephanieL@ASPCA.org.

Contact: Stephanie LaFarge, Ph.D.

The ASPCA Counseling Department offers a full range of pet loss and bereavement services. The National Pet Loss Hotline, offers free nationwide consultation to bereaved owners on a 24-hour basis. Call 1-800-946-4646, use keypad to punch in pin number 140-7211 and then your own phone number. The call will be returned immediately. New York City residents may be seen in person at the ASPCA headquarters.

Marian A. McClellan, M.S.W., C.S.W-R

101 Hurley Ave., Kingston, NY 12401.

Phone: (845) 339-8087.

Marian A. McClellan is a clinical social worker psychotherapist who received her master's degree from Columbia University School of Social Work. She maintains a private practice where she works with children, adolescents, adults and elders. Ms. McClellan specializes in issues of separation and loss and has both a special interest in and personal experience with pet loss and bereavement.

"Paw to Heart". Pet Bereavement Support Group

P.O. Box 317 Massapequa, NY 11758.

Phone: (516) 785-6416.

Contact: Medea D. Berkman, Supportive Care Counselor.

"Paw To Heart" Pet Bereavement Support Group meets monthly with telephone counseling available in the interim. Educational materials on the grief process are distributed at each meeting. The group is free of charge, but accepts donations. Medea D. Berkman, the group's founder and facilitator is a trained mental health/HIV counselor and a former veterinary assistant/technician with degrees in psychology and animal science. She is vice president of the newly formed Association for Pet Loss and Bereavement.

Pet/People Problems - Education Therapy Service

145 E. 15th St., Ste. 1F, New York, NY 10003.

Phone: (212) 473-0932.

Email: CFUDIN@aol.com.

Contact: Dr. Carole E. Fudin.

Carole E. Fudin, Ph.D., BCD, CSW, a pioneer in pet loss counseling, human-animal bonding and the psychology of veterinary medicine. Dr. Fudin provides individual and family counseling for pet loss, euthanasia decision-making, as well as all other concerns about pets. Consultation is available for veterinary hospital staff to improve communication skills, reduce stress and resolve relationship problems within the hospital setting.

Naomi Taicher, C.S.W.

498 West End Ave., Ste. 1D. New York, NY 10024.

Phone: (212) 787-1932.

Naomi Taicher is a certified social worker, psychotherapist, supervisor, adjunct assistant professor at NYU School of Social Work and pet owner. She has a private psychotherapy practice and extensive experience helping individuals, couples and groups address many issues including: life transitions, chronic illness, grief related to loss of human and animal companions. Available for presentations/workshops on pet loss and bereavement.

Victoria Wurman, C.S.W.

337 Bleecker St., New York, NY 10014.

Phone: (212) 929-8927.

Victoria Wurman is a clinical social worker in private practice with experience as a pet owner, veterinary hospital volunteer and psychotherapist. She works with adults and teenagers. Group work is a specialty. Ms. Wurman is particularly interested in helping people with issues involved in nursing a chronically ill animal.

A.G. Associates.

Phone: (914) 664-1119.

Contact: Andrea Gibbs, C.S.W.

A.G. Associates offers a full line of individual, family and group companion animal counseling services. Counseling is available around illness, euthanasia and bereavement issues. Founder/Director Andrea Gibbs is a Certified Social Worker, with over 20 years' experience as a companion animal specialist.

Holistic Consulting Centre.

29 Lyman Ave., Staten Island, NY 10305.

Phone: (718) 720-5548.

Contact: Barbara Meyers, CGT.

Barbara Meyers is a Certified Grief Therapists & human-animal bond consultant in private practice specializing in animal related loss and grief. She is a Symposia lecturer at the foundation of Thanatology at Columbia-Presbyterian Medical Center and associate faculty member of the Seminar on Death at Columbia University. Long distance consultations are a regular part of her practice. An initial phone consultation is available without cost and literature is available upon request.

Pet Loss Support Program.

The Animal Medical Center. 510 E. 62nd St., New York, NY 10021.

Phone: (212) 838-8100.

Fax: (212) 832-5630.

The American Society for the Prevention of Cruelty to Animals (ASPCA) National Pet Loss Hotline (*).

424 East 92nd St., New York, NY 10128.

Phone: (212) 876-7700, ext. 4355.

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Pet Loss & Bereavement Resource Directory
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Fax: (212) 860-3435.

Email: StephanieL@ASPCA.org.

Contact: Stephanie LaFarge, Ph.D.

The ASPCA Counseling Department offers a full range of pet loss and bereavement services. The National Pet Loss Hotline, offers free nationwide consultation to bereaved owners on a 24-hour basis. Call 1-800-946-4646, use keypad to punch in pin number 140-7211 and then your own phone number. The call will be returned immediately. New York City residents may be seen in person at the ASPCA headquarters.

Pet Loss Support Hotline.

Companion Animal Hospital, Box 35, College of Veterinary Medicine, Cornell University, Ithaca, NY 14853-6401.

Phone: (607) 253-3932.

Web site: www.vet.cornell.edu/public/petloss/.

Hours: 6:00-9:00 p.m., Eastern Time, Tuesday-Thursday.

North Carolina

Rev. Susannah Crolius

Address: 2247 Queen St, Winston-Salem, NC 27103

Phone: (336) 716-4745 **Fax:** (336) 716-5075

Judith C. Stutts, PhD, LPC

Address: Asheboro, NC Phone: (336) 625-1400

E-mail: jcstuttsphd@petloss.org
Website: www.petloss.org

Dr. Judith C. Stutts is a Licensed Professional Counselor who specializes in pet bereavement counseling. She is a member of the American Counseling Association, and the American Association of Human-Animal Bond Vet erinarians. She was invited to present her doctoral research findings on pet loss and depression at the Delta S ociety National Conference in New York City in 1994, and the 7th International Conference on Human-Animal Interactions in Geneva, Switzerland in 1995. As a guest lecturer at colleges, universities, veterinary medical as sociations, zoos, and kennel clubs, she teaches about grief stages, pet bereavement issues, human-animal rel

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ationship concerns, and communication techniques. From 1997 to 2001, Judith was appointed Adjunct Assista nt Professor in the Department of Clinical Sciences, College of Veterinary Medicine, North Carolina State Univ ersity, in Raleigh, North Carolina. Judith is a consultant to veterinary staff members and pet owners concerning pet illness, and death. She pioneered a project concept to teach grief and loss issues in selected veterinary schools in the United States, and Waltham awarded her a two-year lecture series contract based on her ideas. Dr. Stutts is available for presentations and workshops. She specializes in individual and group pet loss therapy, and other human-animal bond relationship issues. Special individualized outreach (home visits) may be arranged.

North Dakota

No current listings.

Ohio

The Ohio State University Pet Loss Hotline.

Phone: (614) 292-1823.

This hotline is in operation Monday, Wednesday and Friday, 6:30-9:30 p.m. Central Time.

Oklahoma

Bereavement Counseling.

5217 SE 82nd St. Oklahoma City, OK 73135.

Phone: (405) 672-2625.

Contact: Virginia Miller, MHR.

Ms. Miller provides bereavement counseling in all areas of loss, with a specialty in pet loss. Her private practice is in a relaxed homey atmosphere where pets are available for comfort if desired. She has a Masters degree in counseling with specialty in death, dying and bereavement. She is available for lectures, consultation and sessions.

Oregon

No current listings.

Pennsylvania

Erin L. Jameson, MSSW, LCSW.

1220 Valley Forge Road, P.O.Box 987, #18, Valley Forge, PA 19482.

Phone: (610) 933-6212.

Email: ErinJamesonLCSW@aol.com.

Ms. Jameson is a Licensed Clinical Social Worker and Psychotherapist in private practice. She received her Master of Science Degree in Social Work from Columbia University and has extensive training in grief, depression and anxiety. As a long time lover of animals, Ms. Jameson understands the unique and powerful connection between humans and animals.

Individual and Family Pet Loss Bereavement Counseling.

Center for Pet Loss Counseling and Education. P.O. Box 357, Chadds Ford, PA 19317.

Phone: (610) 399-3168.

Fax: (610) 399-3168.

Contact: Linda M. Peterson, L.S.W.

Linda Peterson, a licensed clinical social worker and psychotherapist offers counseling services for individuals, children and families who are grieving the deal of a pet or making a euthanasia decision. Linda offers consultation and training for professionals and runs support groups. Linda's new book, *Surviving the Heartbreak of Choosing Death for Your Pet* is helping people deal with their feelings about pet euthanasia.

Jeanne F. Wordley, VMD, MSW.

Phone: (610) 566-9019.

Jeanne Wordley has been a veterinarian for 25 years. She recently obtained her Masters of Social Work degree so she could provide more in-depth service. Her clinical experience in the social work field has been with PTSD Veterans, physically challenged seniors and adult substance abusers. She hopes to eventually

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develop a program to use the human-companion animal bond to facilitate working with more difficult problems.

Rhode Island

No current listings.

South Carolina

No current listings.

South Dakota

No current listings.

Tennessee

No current listings.

Texas

SPCA of Texas

2400 Lone Star, Dallas, TX 75212

Telephone Counseling: 214.461.5131. (All calls are returned within 24 hours.)

Website: http://www.spca.org/

The SPCA of Texas offers an innovative and dynamic program designed to help those who are grieving the loss of a beloved companion animal. Established and conducted by Dr. Diane Pomerance, certified Grief Recovery Specialist and SPCA volunteer, the SPCA's Pet Grief Counseling program offers comfort, guidance and support as well as tools that can help facilitate grief recovery. The Pet Grief Counseling Support group meets the first Saturday of each month at 1:00 p.m. in Dallas.

S.A.P.P.Y. Pet Loss/Grief Support Group of San Antonio.

6800 Evers Road (Horizon Church)

Phone: Contact: Julie Wiley (210) 216-0920

E-Mail: sappypetloss@sbcglobal.net

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The group helps comfort other pet owners experiencing the loss of their beloved pet. The group is led by an experienced facilitator, Julie Wiley, who has earned a BA in Communications/Psychology and has served as a pet loss/grief facilitator for 2 years and a small group counselor for 5 consecutive summers.

The group also plays host to a unique Annual Christmas Pet Candlelight and Remembrance Gathering in December. The event offers beautiful music, a sea of candlelights and poems, prayers and a special devotional in honor of our precious pets. Everyone is encouraged to bring a photo of their beloved pet which is displayed on an altar, surrounded by flowers and candles.

Pet Grief Therapy

Lancaster Practice Support. 300 Main St., Humble, TX 77338.

Tuesdays at 6:30 p.m.

Phone: (713) 268-6734.

Fax: (281) 446-1816.

Contact: Sinead Lancaster.

Sinead Lancaster is a licensed psychotherapist with extensive training and experience in grief counseling.

Pet Bereavement Counseling Services.

2400 Westheimer, Suite 209W, Houston, TX 77098-1305.

Phone: (713) 522-8344.

Contact: Lynn Davidson, M.Ed., L.P.C.

Lynn Davidson, M.Ed. L.P.C., founder of Pet Bereavement Counseling Services, has been in private practice since 1986 offering comfort and support to individuals, families and groups whose lives have been altered due the death of a pet. Lynn works with veterinarians, humane organizations and animal control facilities throughout the country providing consultations, workshops and educational seminars.

Utah

No current listings.

Vermont

No current listings.

Virginia

Pet Bereavement Services

Department of Psychiatry, Medical College of Virginia. Virginia Commonwealth University P.O. Box 980710, Richmond, VA 23298.

Phone: (804) 828-4570.

Fax: (804) 828-4614.

E-mail: SBBARKER@GEMS.VCU.EDU.

Contact: Sandra B. Barker, Ph.D., LPC, NCC.

The Pet Bereavement Service provides short-term counseling for grieving pet owners facing euthanasia decisions & consultation to veterinarians on pet loss issues. Counseling & consultation are provided by licensed, mental health professionals who are faculty in the Department of Psychiatry at the Medical College of Virginia, Virginia Commonwealth University. These professionals are sensitive to the special needs of grieving pet owners.

Martha Ann Spruill, LCSW

Richmond, VA

Phone: 804-405-0939

Email: maspruill@maspruill.com

Website: http://www.maspruill.com/

Martha Ann Spruill is a licensed clinical social worker with a special interest in working with people that are grieving because of a pet that is missing, ill, or has died. The unconditional love our pets offer can contribute to the deep pain we feel at their loss. Some people find it helpful to speak with someone other than family members or friends about their loss. Martha Ann talks with clients about typical reactions to grief, what makes pets so special, what impacts the intensity of the loss, and tips for managing grief. She also provides handouts that can be taken home and shared with other family members.

Pet Loss Support Hotline.

Virginia-Maryland Regional College of Veterinary Medicine.

Phone: (540) 231-8038.

Hours: Tuesday and Thursday, 6:00-9:00 p.m. Eastern Time.

Washington

Kent D. Boruff, BA, MSW, Registered Counselor & Hypnotherapist

New Becomings, 2505 Cedarwood Suite 2, Bellingham, WA 98225

Phone: 360-756-0091

Pet bereavement counseling, especially pertaining to loss of long time pets and service animals, is available at reasonable rates, in individual or group settings. Christian-based approach available on request. Please call for more information or to book an appointment.

Happy Hunting Grounds Pet Funeral Services

Seattle, WA

Phone: 206-353-7242

Email: michelle@happy-hunting-grounds.com

Contact: Rev. Michelle Garofano

Happy Hunting Grounds provides beautiful funeral and memorial services designed to aid the healing process for grieving pet owners and to honor the life of the pet in a loving, respectful manner. They offer a variety of ceremonies performed by a licensed minister with a life-long love of animals.

Fircrest Counseling

Port Orchard, WA.

Phone: (360) 871-1614 (Voice/FAX).

Contact: Mary M. Harvey, BA.

Mary is a Certified Bereavement Facilitator through the American Academy of Bereavement. She has provided grief and loss counseling to individuals and groups for ten years, focusing on the unique and loving relationship between humans and animals. Mary is a consultant to veterinarians and the Kitsap Humane Society. Support groups offered. Telephone consults available.

Hope & Healing Therapy.

4500 Ninth Avenue NE, Suite 300. Seattle, WA 98105

Phone: (206) 633-6141

Fax: (206) 366-0891

Contact: Carolann Freedman, MA, NCC, CT.

Website: http://hopeandhealingtherapy.com/

Carolann is a nationally certified counselor. A member of the American Academy of Bereavement and the National Death Educators Association. Carolann specializes in supporting people through their grief. Her heartfelt compassion and knowledge about how to support those who have lost a beloved animal companion make her a frequent speaker and referral source for holistic and critical care veterinarians. She would be delighted to schedule a free 30 minute consultation to hear your needs and concerns. Visit her website, or call for a brochure. Home visits may be available. Carolann wants you to know you need not go through pet loss alone!

Human Animal Solutions. (*)

612 Carpenter Road SE Lacey, WA 98503.

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Phone: (360) 493-2586

Contact: Ann R. Howie, LICSW, ACSW.

Website: http://www.humananimalsolutions.com/

I use a supportive style to help people find their own path through their grief. I have worked as a counselor since 1987, have provided pet loss support groups since 1989, and have worked in hospice and bereavement for more than 10 years. My master's degree is in clinical social work (counseling), and I have both state (LICSW) and national credentials (ACSW) as a counselor. I have enjoyed animals in my life since birth, and as a child I perplexed my parents by developing funerals and burial plots for all my pets who died.

People-Pet Partnership Pet Loss Partnership

College of Veterinary Medicine, Washington State University, Box 6470l0 Pullman, WA 99164-7010.

Phone: (509) 335-1303.

TDD: (509) 335-1179.

Fax: (509) 335-6094.

Thula M. Weisel

902. E. Highland Dr., Seattle, WA 98102.

Phone: (206) 324-8958.

Airone Counseling

545 Rainier Blvd. N. Suite 16, Issaquah, WA 98027.

Phone: (425) 557-7898.

Contact: Carol Airone.

Carol is a therapist with a Masters Degree in Counseling. She is a Nationally Certified Counselor, State Certified Mental Health Counselor and Certified Clinical Hypnotherapist. Carol has a deep love and respect for

animals. She offers a warm, safe environment to help those facing or enduring the loss of a pet. Her compassion and understanding helps facilitate the mourning process.

Pet Loss Support Group.

Humane Society & SPCA of Seattle/King County. 13212 S.E. Eastgate Way, Bellevue, WA 98005-4492.

Phone: (425) 641-0080.

Fax: (425) 747-2985.

The Pet loss Support Group meets every Saturday from 10:00 a.m. to Noon in the Humane Society Library. To confirm meeting time and date please call (425) 641-0080.

Pet Loss Support Group

The Humane Society for Tacoma and Pierce County, 2608 Center Street, Tacoma, WA 98409

Phone: 253-284-5809

Email: monicaw@thehumanesociety.org

Website: file:///G:/Yellow%20Delta%20Web%20Site/www.thehumanesociety.org

The group meets every Saturday from 10 a.m. to noon at the Humane Society shelter. Anyone who is grieving the loss of a beloved pet is welcome to attend. Participation is free and pre-registration is not required.

Pet Loss Support Group

Seattle Animal Shelter - 2061 15th Avenue West, Seattle WA

Contact: Connie Starr Phone: (425) 283-6345

Email: saspetloss@yahoo.com

The group meets every Thursday evening from 6:00 to 7:30 in the Conference Room at the Seattle Animal Shelter. There is no fee to attend. Donations to the Help the Animals Fund are welcome and appreciated.

Susan J. Perry, MSW.

3047 78th Ave. SE, Suite 200, Mercer Island, WA 98040.

Phone: (206) 236-1544.

Email: perbirxped@aol.com.

Susan Perry is a Washington State Certified Social Worker in private practice. She has twelve years of experience working with individuals and couples around a variety of issues including various aspects of the human-animal bond. She counsels people and co-teaches classes on end-of-life decisions with companion animals including pet loss. Offers workshops to various organizations on coping with the process of pet loss.

Pet Loss Counseling.

2222 State Ave NE, Ste. B, Olympia, WA 98506.

Phone: (360) 236-1346.

Message: (360) 786-6657.

Fax: (360) 956-7455.

Contact: Gloria J. Roettger, M.S., CMHC.

Gloria Roettger is a Certified Mental Health Counselor in private practice. She has done pet loss counseling since 1984 and has worked with individuals, couples, children, and families. She offers supportive counseling for persons dealing with the decision of euthanasia, coping with the disappearances of a pet and for those grieving their pet's death. Sessions by appointment. Will do telephone consultation. Available for presentations and workshops.

Jennifer Streit, LMHC.

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Phone: (206) 938-8538.

Jennifer Streit is a psychotherapist with a special interest in people, their pets and grief and loss. She has been doing psychotherapy since 1989. Jennifer's pack of 5 pets has had multiple medical problems from a ruptured disc to lymphoma. Having loved many pets throughout her life, Jennifer knows the pain of losing a beloved pet (family member!). Combining her love for animals and her psychotherapeutic background, Jennifer works with many clients who are dealing with the emotional stressors of medically compromised pets and their loss.

WholeLife Counseling.

Seattle, WA.

Phone: (206) 683-1561.

I facilitate group and individual counseling and workshops on a variety of issues including bereavement, life transition, and disenfranchised losses, one of which is the loss of a beloved pet. I am an animal lover with several cats. I have an MA in Applied Interfaith Theology, certification as a Bereavement Facilitator through American Academy of Bereavement, and certification in Thanatology (the study of death, dying, and bereavement) by the Association for Death Education and Counseling (ADEC).

Letitia H. Gray, MA, LMHC.

Edmonds, WA.

Phone: (425) 745-2750.

In my private practice, I work with individuals who are faced with loss and life transitions. I have a Master's Degree in Counseling Psychology and I am a Licensed Mental Health Counselor in the State of Washington. I also have training in the effects and treatment of trauma, depression and anxiety, A.D.D./A.D.H.D., and bereavement.

As a therapist, I understand the complexity of the grief process. As an animal lover, I understand the pain of losing a beloved animal. With this background and experience, I have been providing pet bereavement workshops and individual therapy to clients for the loss of companion animals. I offer my professional training and personal experience to clients to use as they need on their own grief journey.

Pet Loss Support Hotline.

Washington State University, College of Veterinary Medicine, Pullman, WA.

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Phone: (509) 335-5704.

Trained WSU veterinary student volunteers staff the phones as compassionate listeners from 6:30-9:00 p.m. Pacific Time Monday-Thursday and 1:00-3:00 p.m. on Saturdays. Calls received after hours will be promptly returned on a collect basis.

West Virginia

No current listings.

Wisconsin

The Rainbow Passage-Pet Loss and Bereavement Support Center

1528 E. River Rd., Grafton, WI 53024.

Phone: (414) 376-0340.

Email: douglasc@execpc.com.

Contact: Charlene Douglas, M.S.

Charlene has been a pet loss/bereavement counselor for eight years specializing in internet counseling. The Rainbow Passage is a private practice devoted entirely to pet loss and bereavement. Individual telephone and group support is offered along with the Internet counseling.

Pet Loss Support Group

Dane County Humane Society. **Phone**: (608) 836-PAWS (7297).

Contact: Myrna Solganick.

The Pet Loss Support Group meets twice monthly at the Dane County Humane Society.

Wyoming

Laramie Pet Loss Support Group.

Box 1674, Laramie, WY 82073. **Phone**: (307) 721-4119.

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E-mail: <u>Burley@uwyo.EDU</u>.
Contact: Pam Brekken.